

Come And Explore Kooth With Us

The following introductory session will provide you will a brief overview of Kooth, explaining the **new activities** within our self help resources, as well as a **live demonstration** of the service, to see what a young person experiences when they access Kooth.

To attend please register on the following link.

Wednesday 14th October, 11:00 - 12.00pm

<https://www.eventbrite.co.uk/e/123145835509>

This event is available to all professionals across the Kirklees Borough.



kooth

Free online counselling support for young people!
Discover everything Kooth has to offer

FREE COUNSELLING

DISCUSSION BOARDS

JOURNAL

SELF-HELP TOOLS

KOOTH MAGAZINE

HELP ARTICLES

Sign up for free at **Kooth.com**

The graphic features a stylized illustration of a person in a blue coat holding a tablet, surrounded by speech bubbles. Below this, there are several overlapping elements: a 'JOURNAL' with a cup of coffee, 'SELF-HELP TOOLS' with a pencil and paper, 'KOOTH MAGAZINE' with a person on the cover, 'HELP ARTICLES' with a person reading, and 'DISCUSSION BOARDS' with a person and a speech bubble. The background is a mix of yellow and orange tones.