



Kirklees Telephone Befriending Service



Our telephone befriending service aims to reduce loneliness for people 18 and above.

Our befrienders provide a regular, friendly phone call to help reduce feelings of isolation and rebuild confidence.

Need a telephone befriender?

Do you feel **lonely** or **isolated**? Or know someone who is.

Are you **struggling** at the moment?

We are here to support you. And want to hear from you.

Want to volunteer?

If you are interested in **volunteering** as a Befriender to support your local community. We would also love to hear from you!

We would not be able to run this service without a team of dedicated volunteer befrienders.

To enquire about a befriender or to volunteer

call us **01484 535994**



Befriending Partnership
Covering the Kirklees Area

